A congregation that sings together “PRAYS TWICE” together.

Use YOUR musical talents to help make that happen.

Be a part of the IHM Music Ministry.

Contact Kathy Schwar 717-259-9086 or Roy Wainwright 717-619-7243
MASS INTENTIONS

SATURDAY, MARCH 9, 2019
5:00 PM + Patrick Yealy

SUNDAY, MARCH 10, 2019
8:15 AM – People of the Parish
11:15 AM + Charlie & Marie Hensel

MONDAY, MARCH 11, 2019
NO MASS

TUESDAY, MARCH 12, 2019
9:00 AM – Special Intention of Ken Jacoby

WEDNESDAY, MARCH 13, 2019
6:30 PM + Josephine Villareal

THURSDAY, MARCH 14, 2019
9:00 AM – Special Intention of Chris Betts

FRIDAY, MARCH 15, 2019
9:00 AM + Warren Glass

SATURDAY, MARCH 16, 2019
5:00 PM + John Melhorn

SUNDAY, MARCH 17, 2019
8:15 AM + Adelina Hathaway
11:15 AM – People of the Parish

NEXT SUNDAY’S READINGS
Genesis 15:5-12, 17-18
Philippians 3:17-4:1


PRAYER FOR VOCATIONS – “The word is near you, on your lips and in your heart.” Jesus the Eternal Word continues to call many to lives of holiness as priests, deacons and in the consecrated life. Could you be one of them? Talk to Fr. Marco or Fr. Brian Wayne, Director of Vocations, at 717-657-480/frbwayne@hbgdioocese.org or check out www.dioceseanpriest.com.

WEEK-AT-A-GLANCE
March 10-16

Sunday, Mar. 10th – Religious Education from 9:30 – 11 AM
Sunday, Mar. 10th – Adult Enrichment Class in the social hall, 9:30 – 11 AM
Monday, Mar. 11th – Cub Scouts, 6:30 PM
Monday, Mar. 11th – Legion of Mary in Rel Ed Bldg room 4, 7 PM
Monday, Mar. 11th – Charismatic Prayer Group in social hall, 7 PM

Wednesday, Mar. 13th – Boy Scouts 6-9 PM
Wednesday, Mar. 13th – Knights of Columbus in social hall, 7 PM
Wednesday, Mar. 13th – PCCW in REC, 7 PM

Thursday, Mar. 14th – Faith Sharing Group in the den after 9 AM Mass
Friday, Mar. 15th – Eucharistic Adoration, 9:30 - 10:30 AM

Friday, Mar. 15th – Lenten Dinners, 4:45-6:45 PM
Friday, Mar. 15th – Stations of the Cross, 7 PM

Saturday, Mar. 16th – St. Patrick’s Day Dinner in social hall, 6-9 PM

MISSION FOR LITURGY AND WORSHIP

ALTAR SERVERS for Sat/Sun Mar. 16-17
5:00 PM Mass: Keira & Madelyn Slonaker, Hannah Fletcher
8:15 AM Mass: Dempsey Bodan, Ian Frantz, Mary Murphy

Coordinator is Kelli Maysilles.

LECTORS for Sat/Sun Mar. 16-17
5 PM MASS – Pat Brodbeck
8:15 AM MASS – Susan Fobes
11:15 AM MASS – Sharon Ward

Coordinator is Dianne Giampietro.

EXTRAORDINARY MINISTERS OF HOLY COMMUNION (EMHC) for Sat/Sun Mar. 16-17
5:00 PM: Donna Cassatt, Steve Hoffman, Dan Landis, Paul & Marjorie Oakes
8:15 AM: Jason Duty, Kevin Heilman, Jeff & Terri Seifert, Carol Stroud
11:15 AM: Andy Altobelli, Rita Becoski, Carmelita Garcia, Bonnie Hensel, Barb Wantz

Coordinator is Claire Wentz.
1st Sunday of Lent

1. Welcome to the first Sunday of Lent! A list of all parish Lenten events was in last week’s bulletin, and you can always find that list on our parish website (www.ihmparadise.org) or Facebook Page (@ihmparadise). Please allow me to highlight that each Wednesday evening of Lent at 6:30pm Mass will take place. There will be NO 9am Masses on Wednesdays during Lent. Also, each Friday of Lent, except for Good Friday, Lenten Fish Fry Dinners (sponsored by the Knights of Columbus) will be held in the social hall from 4:45 to 6:45pm, and then Stations of the Cross will take place in the church at 7pm. Please join us!

2. Lenten Lunches (offered by the Abbottstown-East Berlin ministerium) are beginning. The first one is this Wednesday, March 13th, at Zwingli UCC in East Berlin. Our turn here at IHM comes on April 3rd. Each afternoon begins with lunch at 12noon and ends by 1pm – all are welcome. No need to register in advance just show up.

3. Finally, please allow me to inform you that the Diocesan Annual Campaign is coming up this weekend and the next weekend. I am so very proud to say that our parish has been so fortunate to reach our goal each year thanks to your generosity and support! This year’s parish assessment is at $62,000. The Diocesan Annual Campaign funds important ministries, many of which parishioners here at IHM benefit from directly or indirectly. Also, these ministries serve various needy and vulnerable populations in the 15 counties of our diocese. Given all that our Church has been through this past year, showing our love in these tangible ways is so important for us to witness to the wider community. Thank you very much for your continued generosity and support – I truly appreciate it all!

God bless you and your week – Fr. Marcoe

“Maya discovered she was pregnant six months into her freshman year of college. When her son was born, she placed him with a very kind adoptive family; she ‘just knew they were the right choice.’ Now, years later, Maya emphasizes the importance of offering ongoing support to expectant mothers considering adoption.” Learn how at www.usccb.org/women-considering-adoption. 

USCCB Secretariat of Pro-Life Activities

MIDWEEK LENTEN GATHERINGS – Held each Wednesday during Lent from Noon to 1 PM:
Mar. 13 – Zwingli UCC, East Berlin
Mar. 20 – Trinity Lutheran, East Berlin
Mar. 27 – St. John’s Lutheran, Abbottstown
April 3 – Immaculate Heart of Mary, Abbottstown
April 10 – Morning Hour Chapel, Abbottstown

GROCERY CERTIFICATES – Please know how very grateful we are to all of you who support our Grocery Certificate Program and ultimately our Religious Education Program. IHM receives a 5% profit from the sale of all the grocery cards purchased. Before going for groceries, please consider purchasing Weis or Giant cards after each Mass at the front entrance. Cards can also be purchased in the parish office during the work week. Thank you for your support of this wonderful program! During the week of March 3, 2019 we sold $1010 for a profit of $50.50.

"DISCOVERING CHRIST"
Committing your life to Jesus as Lord provides a new beginning, a new life in the Spirit. How do we move forward and live this new life? Growing in this new life is not automatic. We need to join our efforts to God’s grace. Jesus is the Master teacher and provides the power and teaching to live the Christian life.

We are personally known and loved by the Father! "DISCOVERING CHRIST" can help you experience all that Jesus wants you to know in a more personal (heart experience) not just "head experience" way. This seven-week series invites YOU to revitalize your faith, to grow in/or develop a personal relationship with Jesus Christ, to have fellowship on your faith journey and to explore the meaning of life in Jesus. It provides a relational experience in which you are encouraged to bring family, friends and neighbors to hear the good news and to personally encounter Jesus Christ. This very inspiring and exciting series will begin on Tuesday, March 26th and continue until Tuesday, April 9th from 6:30-8:30 PM in the social hall. For more information and/or to register, please call Sister Rosanne @ (717) 259-0611, ext. 7.

CONGRATULATIONS
Please pray for the following children from our parish who received the Sacrament of Reconciliation for the first time this weekend:
Kaden Berwager Thomas Guaragno
Marcy Neiderer Lydia Collier
Felicity Horst Jorja Noel
Cecily DeRienzo Olivia King
Corinne Paris Maria Donahue
Kenley Long Liam Rahe
Christopher Edgecomb Addelyn Miller
Lauren Sanchez John Eyster
Luke Mummert Noah Small
Mina Frantz

GRATULATIONS

We are so happy to announce the following

JUNIORS
Addelyn Miller

MRS.

APRIL 1

CONGRATULATIONS

Addelyn Miller

MRS.

APRIL 1

CONGRATULATIONS

Addelyn Miller

MRS.

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CONGRATULATIONS

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Addelyn Miller

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CONGRATULATIONS

Addelyn Miller

MRS.

APRIL 1

CONGRATULATIONS

Addelyn Miller
You are cordially invited to "Come to the Banquet"!
On Saturday, May 11, 2019 from 10 am - 3 pm, our parish will host this exciting event that will "feed both soul and body." This wonderful day of renewal will feature in the morning Fr. Stan Fortuna, an engaging speaker and a highly talented musician. He is a founding member of the Community of the Franciscan Friars of the Renewal (CFR) based in the Bronx, New York. He will inspire us with his dynamic preaching and touch our hearts with his music.
A colorful food festival starting from 12 noon - 2 pm will follow in the social hall where a variety of delicious ethnic dishes will be on sale. Fr. Fortuna will conclude the day with a delightful music concert from 2 pm - 2:45 pm. Proceeds from the admission fee and food ticket sales will benefit the Friar's homeless shelter and youth center programs for the poor.
Admission Tickets: Adults- $5.00 Children 5 and under- Free
Children (6-12) $2  Teens (13-17) $3
Come and share the good news! Bring your family and friends. Experience the spiritual blessings of that day—faith, friendship and fellowship of our parish as a caring community of believers for a worthy cause.
For more details, questions and information about the event and how you can help and participate, contact Luz Socrates at luzvsoc@gmail.com and call or text her at 717-873-3650.

SAINT PATRICK’S DINNER – St. Patrick’s Day Dinner with the Seasons Band will be held March 16, 2019. Tickets are being sold after each Mass. Last week to get your tickets.

PCCW NEWS – The Parish Council of Catholic Women cordially invites all women of the parish to attend their monthly meeting on Wednesday, March 13th at 7 PM in the Religious Education Center (please note the different place).

Calling all bakers, the PCCW is having a bake sale after the masses on Sunday, March 17th. Baked goods would be greatly appreciated and should be dropped off on Sunday before Mass priced and labeled.

ADVENTURE CLUB – Get ready for another adventure filled year with IHM Adventure Club! First stop – St. John Paul II National Shrine, Washington DC on Tuesday, April 30th. Leave IHM at 7 AM, return at 6 PM with a dinner stop at the Golden Corral in Frederick. Cost of the trip is $70 plus gratuity. Reservations and payment due by March 17th. For more information, contact Janet McIntyre at 717-633-9384.

FUSION - Fusion is Immaculate Heart of Mary's youth ministry; open to all teenagers in grades 8 to 12.
Challenge of the Week: This Lent, rather than giving something up, why not do something to draw closer to God? For example, spend an hour with the Lord in Eucharistic Adoration every week or read the Sunday Scriptures before going to Mass.
DELONE CATHOLIC LACROSSE TEAM ANNUAL BULL ROAST will be held Saturday, March 23rd at the Gotwalt Hall @ St. Vincent DePaul Parish, Hanover from 6-10 PM. Doors open at 6 PM, dinner will be served at 7 PM. $40 donation – various appetizers, pit beef, steamed shrimp, sides, desserts & beverages (Beer & Wine Coolers included – bring your own bottle). Music, door prizes, raffles, jars & corn-hole tournament, small games of chance. No one under 21 will be admitted. For more information or to purchase tickets, please contact Rose Kadis at 443-485-7458 or rmk4121@aol.com.

TUITION ASSISTANCE GRANTS – Once again the Diocese is pleased to announce the availability of Tuition Assistance Grants. These grants will be awarded for the 2019-2020 fiscal year beginning July 1, 2019. This financial assistance is intended to provide tuition aid to needy children in order that they might receive a Catholic education. The deadline to submit the Tuition Assistance Grants is Friday, March 15, 2019. Please mail all completed applications to: Attn: Heidi Kline Harrisburg Catholic Administrative Services 4800 Union Deposit Rd. Harrisburg, PA 17111-3710 Or hkline@hbgdiocese.org

LENTEN RETREAT – The District Council of Catholic Women invite you to a Lenten Retreat presented by Franciscan Sisters Eileen Quinn and Mary Therese White to be held Saturday, March 23, 2019 at St. Joseph Church-Social Hall on Grandview Rd., Hanover. It will be held from 12 Noon to 3:30 pm. In Lent, we hear the call to repent which means to “have a change of heart”. In order to change we must first see. This retreat is an invitation to wake up and notice the glimmers of grace everywhere that call us to move from fear and stress to a deeper trust and joy in God. The retreat will include a presentation, visuals, music and time for reflection. All women in the parish are invited to attend and bring your friends! No need to pre-register. Free-will offerings will be accepted.

DIOCESAN ANNUAL CAMPAIGN – As we begin Lent on Wednesday, we are asked to be mindful of the many gifts and blessings which have been bestowed on us by our loving Father. We are reminded that in giving to others, our lives are greatly enriched. May our Lent be one of reflection and inspiration, service and generosity to others. As we are asked to support the Diocesan Annual Campaign during our in-pew commitment weekend, may God guide us toward a successful campaign.

ABBOTTSTOWN/EAST BERLIN FOOD BANK – The food pantry in East Berlin held on Feb. 6th served 62 families which included 144 individuals. The number of families served at the Abbottstown location on Feb. 7th was 33 for a total of 79 individuals. The link to the Time to Sign Up page for the food pantry on Wednesday, Mar. 6th at the East Berlin location is www.volunteersignup.org/3TDKP and Thursday, Mar. 7th at the Abbottstown location is www.volunteersignup.org/BD8QJ. Please remember to drop off health/beauty aid items, such as soaps, toothbrushes, diapers, as well LAUNDRY DETERGENT, etc. and place them in the food pantry barrels.

ST. MICHAEL THE ARCHANGEL PRAYER AT MASS From a letter by Bishop Gainer: “The challenges of our present time have shaken the faith and broken the hearts of many of the Catholic faithful throughout the Church. I have had opportunities to listen to the cries of outrage and concern at deanery gatherings, after visits to parishes, and through the many letters I have received… Over the last several months, many parishes have begun to recite the prayer to Saint Michael the Archangel at the celebration of Mass and many other parishes and individuals have asked me to mandate the use of the prayer throughout the Diocese. After discussing the issue with the Council of Priests and in light of those many requests, I am asking that all parishes throughout the Diocese of Harrisburg begin to recite the Prayer to Saint Michael the Archangel either
before or after Holy Mass… Brothers and sisters in Christ, broken members of the Body of Christ: let us agree to pray for healing and heavenly help that, together, in the company of all the angels and saints, we may purify the Church of infidelity and pursue the path to heaven with perseverance.” Here at Immaculate Heart of Mary, we will begin praying this prayer on the First Sunday of Lent.

PRAYER TO SAINT MICHAEL THE ARCHANGEL
St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snare of the devil. May God rebuke him, we humbly pray, and do thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

NEW ENTRANCE PROCEDURE FOR THE RELIGIOUS EDUCATION CENTER –
I want to let you know about a new entrance procedure that we now have in place when coming to the parish office and the Religious Education Center. You will now find that the doors will be locked. We ask that you please ring the bell on the wall outside the door and you will be buzzed into the building. This safety system which now allows the staff to see who is at the door was installed this last week.

PCCW NEWS – Parish Council of Catholic Women
To the following students at Delone Catholic High School for achieving honor roll status:
FIRST HONORS: Audrey & Abigail Sell
SECOND HONORS: Julia O’Brien & Harrison Smith
COMMENDABLE EFFORT: Christian Powell &

PARISH CARING COMMITTEE – Assists parishioners on an as needed basis, in times of need or stress and provides visitation, care giver relief, meals, errands, light household chores and local transportation. To request assistance or to become a Caring Committee Volunteer, contact Jen Gentile at 717-225-5059.

BISHOP GAINER’S LISTENING SESSIONS
The remaining Listening Sessions with Bishop Gainer are:
Feb. 26 – St. Rose of Lima, York – 7 PM

If you are unable to attend one of these sessions but would still like to ask Bishop Gainer a question, please email your question to AskBishopGainer@hbgdiocese.org.

THE DIOCESAN CONFERENCE OF HEALTH CARE MINISTERS AND HELPING MINISTRY (PARISH CARING COMMUNITY AND PARISH NURSING PROGRAM) will resume their quarterly meetings. Some of you may be familiar with these meetings. The meetings were a great opportunity for enrichment on ministry specific topics, for resource sharing and to network with other health care ministers. If you know of any new ministry members that would like to be part of these meetings, please share this information with them. The following are the meeting dates and topic for each date.

Tuesday, Feb. 12, 2019 – Topic: Compassionate Mental Health Care. Presenter: Lori Peters, Counselor for TrueNorth Wellness Services

Tuesday, May 7, 2019 – Topic: Boundaries for Thriving in Ministry. Presenter: Marianne C. Sailus, BCC, PA Society of Chaplains


Wednesday, Nov. 6, 2019 – Topic: Assisted Suicide. Presenter: Maria Gallagher, PA Pro-Life Federation. All meetings will be at 10:30 AM at the Diocesan Center in Harrisburg. To confirm your participation, please send an email to jcurran@hbgdiocese.org or call Jackie Curran at 717-657-4804, ext. 313.

PILGRIMAGE PRESENTATION – Father Michael Reid invites everyone to a Special Travel Presentation on Monday, Feb. 11, 2019 that will describe a pilgrimage he will lead in March 2020 to Fatima, Santiago de Compostela, San Sebastian de Garabandal, Lourdes, and Barcelona. The per person double occupancy cost for air and land travel is $3,979.00. There is an
CATHOLIC CHARITIES COUNSELING SERVICES:
Depression and anxiety can occur when we have a loss or a major change in our life. A licensed skilled therapist can help you by listening, processing, and giving you the power to make positive change. Catholic Charities Counseling Services is accepting new clients for four office locations throughout the Diocese. Catholic Charities Counseling Services is for anyone: children, adolescents, adults, and couples. Services are provided in a confidential office setting. Services include individual and family therapy, marital counseling, and parent-child counseling. We accept Medical Assistance, or clients can pay for services (discount fee schedule available). Just call for an appointment: Capital Region 717-233-7978; Lancaster 717-299-3659 or 717-392-2113 (Espanol); York 717-845-2696; Paradise School Office (Abbottsttown) 717-259-9537. Visit www.cchbg.org for more information.

WORLD DAY OF THE SICK PRAYER
Generous Lord, with love beyond all telling, Jesus sends us to shower your love on those most in need, particularly in our ministry to the sick. In the spirit of Saint Mother Teresa of Calcutta, inspire us to serve with courage, love and generosity.

Give us courage to guard the dignity of those who are abandoned and discarded, especially the dying, unborn, migrant and refugee. Let those among us whose voices are strong raise them in defense of the weak.

Give us love that unveils the face of Christ in the face of every individual we meet, particularly in those we find most difficult to care for.

Give us generosity born from the knowledge that all good things are gifts of your love and, through us, are to be shared with the world. Amen

Pope Francis

CATHOLIC FAITH BASED WEIGHT LOSS PROGRAM & BIBLE STUDY – Light Weigh is a 12 week Catholic bible Study DVD program recommended by an Archbishop, priests, doctors, nurses, nutritionists & Prevention Magazine for weight-loss and health. There are no weigh-ins. Meetings will be held in the old convent building of Saint Rose of Lima, 950 West Market St., York at 6:30 PM. For questions or more information, please call Joyce Bankowski at 717/308-7245.

DVD PRESENTATION – A DVD presentation on the Unbound Prayer Ministry, developed by Neal Lozano, will be offered at St. Joseph Church, Hanover, on four consecutive Mondays from 6:30 to 8:30 PM, starting February 25th. Unbound helps us apply the truth to our lives by using five basic responses called the Five Keys. Each key incorporates practical direction on how to respond to the grace that opens a door and sets us free from past hurts and negative influences. The Five Keys are: Repentance and Faith; Forgiveness, Renunciation, Authority, and the Father’s Blessing. For more information or to register, contact Carolyn Blaszczyk at 717/889-2623 or cbis4@comcast.net.

CLOSING MASS FOR THE 150TH ANNIVERSARY OF THE DIOCESE – Please join Bishop Ronald W. Gainer as Celebrant and Homilist to conclude the 150th anniversary celebration of the founding of the Diocese of Harrisburg. A reception, featuring a sampling of ethnic foods from various ethnic and cultural groups that comprise the faithful of the Diocese, will be held immediately following the Mass. The Closing Mass will be held at Good Shepherd Church at 3 PM on March 3, 2019. For additional information, visit www.hbgdiocese.org/150.

SAVE THE WEEK
2019 Vacation Bible School will be held Monday, July 15th through Friday, July 19th from 6:00-8:30 PM for children ages 4 up to and including those finishing 6th grade. Please mark your calendars now so that your children don't miss the opportunity to attend "CAMP HEALING."

Don't Get Scammed!
Scammers are now posing as priests and other clergy. In this latest scam, you might receive an email or a text message that appears to be from your Pastor or another priest that you may know. The scammer ask you to help someone in need by purchasing a gift card and to provide the codes on that card.

Here’s how to protect yourself from being scammed.
1 – Know that scammers are out there. Be suspicious of any request for funds of any type via an email message or a text message. Verify any request with a call to the person who supposedly sent it or a call to the phone number of the text that you received.
2 – Know that any email from a priest should be from a diocesan or parish email account. Messages sent from free services, such as Gmail or Yahoo, are more likely to be scammers.
3 – Many clergy do not share their cell phone numbers publicly. If you receive a text message from someone not on your phone’s contact list, be suspicious.
4 – Know that priests will NEVER ask for financial transactions via email or text messages.
GUIDED PRAYER APP – Alessandro DiSanto, a Holy Name of Jesus parishioner, has worked with a few friends to build an app aiming to help people grow in their faith lives through guided prayer and meditation sessions. The app is called Hallow and offers guided audio sessions through a variety of prayer types, including Christian Meditation, the Examen, Lectio Divina, and Spiritual Writing. To learn more, visit www.hallow.app or feel free to reach out to Alessandro at alessandro@hallow.app. The app is available on both the Apple App Store and Google Play Store.

NATIONAL MIGRATION WEEK PRAYER –
Loving Father, Protect, we pray, all those forced from their homes by violence and persecution, guide them to places of shelter and safety, and grant that people migrate always by choice and not necessity. Watch over children who migrate alone, protect them from the risks they face all by themselves, help them reach their destination safely, and reunite them with those from whom they have been separated. Guide all migrants who seek a better life, to new opportunities, and grant them a new beginning. We beseech you to give each of us the strength and generosity to welcome the stranger and to open our homes to the newcomer, and in doing so to comfort those who are suffering. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, forever and ever. Amen.

BIBLE STUDY – “FOLLOW ME”
A Bible Study entitled “Follow Me” meeting Jesus in the Gospel of John. It is a guide to a personal encounter with Christ. Jesus calls us to be disciples, to trust Him, to open ourselves to His merciful love, and to love others as He loves us. “Follow Me” invites you to experience the joy of a renewed friendship with Christ. The Study begins on Thursday, Jan. 31st from 6:30-8 PM in the Msgr. Rost Parish Hall at Sacred Heart Basilica, 30 Basilica Dr., Hanover. It is an 8 week course, and the cost is $20 to cover materials. Contact the parish office at 717-637-2721 or John Barrett at 717-633-1082 for more information.

CATECHETICAL CLASS ON THE MASS
Come join us as we prepare our hearts for Lent by diving into a Catechetical Class on the Mass. Over the course of five sessions, we will be examining what the Mass is, why we say the things we do, and why we kneel so much. There will be two chances a week to come, to fit everyone’s busy schedules. Our first session will be held on both February 4th (7PM and 8:15 PM) and Feb. 10th (5PM and 6:15PM). Please consider coming and making your heart more ready for Lent with a class designed on the source and summit of daily Christian life, the Mass. To be held at St. Vincent de Paul School Building.

SURVIVING DIVORCE – St. John the Baptist Parish, New Freedom, is pleased to announce another session of Surviving Divorce, a ministry that will bring hope and healing to those who have experienced the pain and loneliness of a broken marriage. This program includes 12 video presentations featuring a psychologist, priests, and personal testimonies from Catholic men and women who have experienced the breakdown of their family. Topics covered include shock and grief, anger and forgiveness, money issues, dealing with children and a former spouse, and annulment and remarriage. Surviving Divorce is for the newly separated and divorced as well as those who are still struggling many years later. It will help them find answers to their questions, restore their hope and begin authentic healing. This program is based on the teachings of the Catholic Church and is open to anyone who needs comfort, counsel, and clarity after divorce. For more information about this program, visit http://www.catholicsdivorce.com and the parish website www.sjbnf.org.

The 12 week Surviving Divorce program begins on Feb. 6, 2019 at 6:45 PM. A $25 fee includes the Surviving Divorce Personal Guide and all program materials. Please email facilitators, Deb Cousin at deb.cousin@verizon.net or Pat Smith at dontel972@aol.com or call the parish office at 717-235-2156 for more information.

IMPORTANT CHANGE FOR HANOVER HOSPITAL ADMISSIONS – The Hanover Hospital – UPMC
Pinnacle Health has issued the following changes to their policy effective December 2018.

1. Clergy will not be able to view denominational lists at the front desk.
2. Clergy will not be able to obtain patient information at the front desk unless they have the patient’s name.
3. If the patient indicates a congregational affiliation in the admissions interview, the Chaplain will call the congregation. If the patient indicates to the Chaplain on his or her rounds that he or she belongs to a particular congregation and gives permission the Chaplain will call the congregation.
4. In an emergency situation if the patient or family indicates a congregational affiliation to the Chaplain or other staff and gives permission to call the congregation, every effort will be made to notify the congregation.

Because of these changes, it is very important that a family member contacts the parish when someone is admitted.

WEEKDAY MASS PARKING – Anyone attending the weekday Masses are asked to park in the lot beside and
behind the Church whenever there is snow and ice. This parking area will be made ready first for anyone on the property.

**IMPORTANT ANNOUNCEMENT** – It has been noted that some people, who are dropped off or picked up for Mass, are doing so at the steps right along West Canal Road. Especially at night, and given the adjacent hill, it is deemed this is unsafe given the speed and flow of traffic. For accessible and safe access to the Church at all times, please use the side social hall doors. Thank you.

**FLOWERS** – Looking for a way to memorialize a loved one or celebrate a special occasion? A beautiful way would be to order flowers on the altar. Most weekends are available from now through the end of the year. **Please call Anita in the parish office** to make arrangements.

**MASS INTENTIONS** – Mass intentions are a wonderful way to celebrate a special occasion, remember those who have died or are sick and in need of our prayers. Please consider this as a “gift” for someone. **Call Anita in the Parish Office** to arrange your Mass intentions.

**PRAYER SHawl MINISTRY** – CAN YOU DONATE NEW YARN? During the last year, the Prayer Shawl Ministry has made over 50 items for our own parishioners, Rachel’s Vineyard retreatants, Cross Keys Village Skilled Nursing patients, Spiritrust Lutheran hospice and Hanover Hospital Maternity. **We rely on your donations to help with our yarn expense.** We can always use red, white and blue yarn for military veterans in hospice care. Please drop off your donations in the covered gray boxes at the entrances to the church. If you know of anyone who would benefit from a prayer shawl, please call the parish office at 717-259-0611. Thank you!

**Check out our new website at** [www.ihmparadise.org](http://www.ihmparadise.org).

**AERO ENERGY HOUSE OF WORSHIP PROGRAM** – This program was established to provide Aero Energy customers an opportunity to give to our church. To participate, Aero Energy customers sign up by phone or online and Aero Energy donates 4 cents for every gallon of fuel they use to us. **Please call if you are not already part of this wonderful program.** It’s an easy way to benefit Immaculate Heart of Mary. Call 888-827-17136.

**FROM THE PASTOR’S DESK**

**SUGGESTION CARDS** are available on the back ledges and at the entrances of the church. If you have any suggestions on how to make our parish better, please fill one out and return it in the collection basket.

**SUMMER WEEKEND MASS SCHEDULE:**
- Saturday 5 PM,
- Sunday 8:15 AM and 10:15 AM

**LOST AND FOUND** – Please check our Lost and Found bin in the sacristy for any items you may have left in Church. Any unclaimed items will be discarded.

**BOXTOPS FOR EDUCATION** – Please keep collecting and sending in those BoxTops for Education for St. Teresa School. **If you’d like to help out trimming those BoxTops, please contact kwenger@hotmail.com.** All help is appreciated!

**EVENT NOTICE** – I have been a parishioner at Immaculate Heart of Mary Church for more than 40 years and employed in the newspaper business for more than 20 years. We have many wonderful events happening here at our parish and we’d like to get the word out to the public. Please feel free to send me any events that would be of interest to our local community – from Lenten dinners to youth events to Bible studies and everything in between! You can send information to: 6fletch@embarqmail.com. Don’t forget to tell me the following: **WHAT is the event? WHO is invited? WHEN is the event? WHERE is the event? WHY should people attend? HOW can they get more information?** If you have any questions, fee free to call or text me at 717-357-8051. Thank you!  

Holly Fletcher

**CATHOLIC CHARITIES COUNSELING SERVICE** – Outpatient Behavioral Health Care is dedicated to providing access to high quality outpatient counseling for children, adolescents and adults in a small, friendly, confidential office. Services include individual and family therapy, marital counseling and parent-child counseling. Services are provided regardless of religious affiliation. Accepting Medical Assistance insurance (Medicaid) and County Mental Health funding (York and Dauphin Counties, for low income uninsured people who are determined to be eligible). Other clients can pay fee on a sliding scale. No one is turned away due to an inability to

HEARING IMPAIRED – Anyone who is hearing impaired may find it helpful to sit in Pew #9 on the Sacristy side. You will notice “hearing impaired” stickers on the side of the pew to indicate the best place to sit if you are hearing impaired.

HANDICAP PARKING – Please note that handicap parking spaces are available for parking near the social hall entrance to the Church. If you are attending the 11:15 AM Mass, in order to avoid the traffic associated with religious education letting out, the following two options are recommended: EITHER come in the EXIT lane BEFORE 11 AM, OR come in the usual entrance way AFTER approximately 11:07 AM.

CHILDREN’S CHAPEL – For everyone’s information, especially for those who may be new to our parish, there is a so-called Children’s Chapel or Cry Room here in the Church. It’s located in the front left corner of the church, where a restroom is also located. As a parish family, we want children and families to be welcome here at Mass, and so it’s important to have an appropriate place in the church for babies and young children when they get fussy and need extra attention. We really want to encourage parents to use this space to tend to their children as needed. Please, feel free to just get up when need be from the body of the church, and utilize this space. Then you can better tend to your children without feeling like you’re being watched. And this will also allow the other parishioners to be able to more fully focus on worshiping.

CREMATION
Since 1963, Catholics have been allowed to choose cremation over burial as a means of laying a loved one to rest. Cremation is a popular choice since it is less expensive and more manageable than a full burial. Cremation, like death, is final. But that doesn’t mean you won’t have second thoughts. Susan Skiles Luke, a marketing consultant in Columbia, Missouri, had her mother cremated and buried in a family plot. Now, she wishes it was her mother’s body and not just the cremated remains that was in the grave. “When I go there, which isn’t often, I want to feel like her body is under ground, right alongside my grandparents and beloved great aunt, all dressed up in their Sunday best...”

Although creation is permitted, some Catholics have not been dealing properly with their loved ones remains. Common practices include scattering ashes, parting ashes out to friends and relatives, and keeping the ashes in a common area, such as a living room. While scattering ashes may seem romantic to some (but is also contrary to Catholic teaching), there’s something to be said about keeping your loved one in once place, and then marking that place with a name. “We mark the graves of our loved ones with a headstone to memorialize them, so we don’t forget them”. When visiting that person’s grave, just seeing his or her name can give comfort.

To instruct the faithful in this regard, the Congregation for the Doctrine of the Faith has issued updated guidelines. According to these, burial is still preferred, but cremation is an option. When a loved one has been cremated, their ashes must be kept intact, the same as one would treat a body. The ashes may not be separated or scattered. Instead, they should remain in a proper vessel that is interred in a proper place, such as a cemetery or church. Finally, the document stresses that Catholics who choose cremation for reasons contrary to the faith, (e.g., to have their ashes scattered) must be denied a Christian funeral.

In the end, whether cremation or burial is chosen, we await from the grave the second coming of Jesus Christ and the blessed Resurrection of the Dead.

Tips for talking to children about difficult subjects/news reports
The topic of sex abuse, particularly child sex abuse, is a daunting one for parents. Every parent must consider many factors including the best age-appropriate way to discuss the topic. Below are some points to consider adapted from the United States Conference of Catholic Bishops, the National Child Traumatic Stress Network, and First Things First.

1. Make sure you are composed before you talk with your child.
2. If you believe your child is aware of news concerning abuse in the diocese, start the conversation. Not talking about a difficult event can make the event even more threatening in your child’s mind.
3. Listen carefully to what your child is asking or talking about.
4. Clarify just what any concerns are before you answer. Sometimes we make assumptions and give far more information than what the child needs.
5. Keep your answers simple and brief. Don’t answer questions that have not been asked. Do not overload your child with information that is beyond his/her level of understanding.
6. Assist your child that you and other adults that are in charge are doing everything possible to make sure they will be safe. This will give them a sense that adults are actively taking steps to protect those who are currently suffering.
7. Don’t make guarantees that such a thing can never happen again. Words like “never” and “always” should be used very carefully because small children trust that this is a promise from you.
8. Explain that we do not know why people treat other people badly.
9. Try to limit your child’s exposure to media coverage. A child believes what he or she sees on television, or in the newspapers is always true.
10. Let your children know about successful community efforts. You may want to share positive media images, such as reports of individuals helping those in need.

Additional information is available at
www.YouthProtectionHBG.com