Information concerning the Publication Notice and Sexual Abuse Claims Filing Deadline of Nov. 13, 2020 is available on the bulletin boards at the front entrance of the Church and at the social hall entrance, as well as by visiting www.hbgdiocese.org or https://dm.epiq.11.com/case/rcdh/info
This Weekend's Mass can be viewed on your smart phone, tablet, computer or smart TV on Sunday Morning. Click on the link on the IHM Website home page (www.ihmparadise.org) and it will link to a YouTube recording of the Mass. It will be available anytime on Sunday.


Please visit the Diocesan website www.hbgdiocese.org – Health Alerts page for the most up-to-date information regarding the Diocese’s response to COVID-19, including a listing of Diocesan event cancelations and postponements, as well as additional COVID-19 prevention measures and recommendations.

PRAYER FOR VOCATIONS – God is sowing seeds of a vocation to ordained ministry and consecrated life. Are you cultivating good soil in you and your family? May the seed take root in your hearts. (Matthew 13:1-23). If God may be calling you to the priesthood or consecrated life, visit our website at www.hbgdiocese.org, call Father Jonathan Sawicki at 717-657-4804 or write: frjsawacki@hbgdiocese.org.

FAMILY PERSPECTIVE – The stress and anxieties of family life are like “thorns which choke off” any opportunity to reflect God's presence in our lives. Notice in today's gospel Jesus "left the house" so He could connect with His Father. Grasp five minutes each day to appreciate God walking with you.

QUOTES ON MOST HOLY EUCHARIST
Because this bread and wine have been made Eucharist (“eucharisted,” according to an ancient expression), “we call this food Eucharist, and no one may take part in it unless he believes what we teach is true, has received baptism for the forgiveness of sins and new birth, and lives in keeping with what Christ taught.”

St. Justin Martyr
FROM THE PASTOR’S DESK

We have welcomed the reopening of our parishes for public worship and celebration of the Sacraments. However, an uptick in reported COVID-19 positive cases in several of our Counties is a cause of concern. To date, five of our parishes have had parishioners at Mass in the past two weeks who tested positive for COVID. It cannot be emphasized enough the need to follow all CDC, PA Dept. of Health, and Diocesan protocols regarding sanitization, physical/social distancing, and the wearing of masks.

Rev. Philip Burger

WELCOME! We welcome the following new members into our parish family:

Dennis & Doris Chrisman, New Oxford
Howard & Erin Farrington & family, Hanover
Ben & Alysa Markle & family, New Oxford
Anthony & Kristin Daddario & family, East Berlin
JUNE 6th, we will be able to celebrate Mass again here at IHM. **The obligation to attend Mass every Sunday is still dispensed by the Bishop until further notice.** Anyone whose health is compromised or doesn’t feel safe to gather in large groups is **NOT** obligated to attend Mass.

This year we will **not** be following a summer schedule for Mass. We will continue with Masses Saturday at 5 PM, Sunday at 8:15 AM and 11:15 AM. In addition, we will have Mass Tuesday through Friday at 9 AM. Because of the seating capacity, we request that you reserve your place beforehand. If you wish to attend one of the **Masses on the weekend**, call Sr. Rosanne at 717-259-0611, ext. 7. If you wish to attend the **9 AM Mass on Tuesday or Thursday**, call Anita at 717-259-0611, ext. 5. If you wish to attend the **9 AM Mass on Wednesday or Friday**, call Carol Stroud at 717-814-7918. The call to reserve a seat needs to be made by the **Friday** before a particular weekend, no later than 3:30 PM, so that the seating plan can be completed properly.

**PLEASE NOTE CHANGE:** Confessions will be heard on Saturday from 4:00 PM to 4:45 PM in the social hall instead of 3-4 PM as originally outlined in Fr. Burger’s letter.

Any group gatherings must be held outdoors, bring your own chairs and maintain safe distancing as required. **The indoor facilities ARE NOT AVAILABLE AT THIS TIME.**

**DIRECT PAYMENTS FROM BANK TO IHM PARISH**

Several parishioners have been utilizing this service from their Bank to IHM Church for the last several years. It has proven to be an easy and safe way for your parish contributions to be sent directly with little to no effort on your part.

Some parishioners lately have chosen the **TEMPORARY** service offered through the Diocese for their parish tithing. This is a temporary offer and the Diocese is not offering recurring giving for the parishes for the Sunday Offering gifts.

If you have been utilizing this service from the Diocese and wish to continue an “auto payment” direct to IHM, we are asking that you contact your bank and make the arrangements to have your payments sent directly to IHM Church, 6084 W. Canal Rd., Abbottstown PA 17301. It is a very simple process – request the payment through the “bill pay” program, give them the amount and schedule you want these payments to be made (weekly, monthly, etc.). They will send the check directly to our Church and credit is given immediately. There is no fee by the bank for either the parishioner or the parish. However, utilizing the service from the Diocese does cost the parish a fee for each payment made or any credit card transaction occurs.

As always, we appreciate the financial support of our parish and if you have any questions regarding this “auto pay” method for your contributions, please contact Anita in the parish office at 717-259-0611 ext 5.

**FOOD PANTRY ANNOUNCEMENTS**

We are currently **NOT** collecting donations for the local food pantry. However, there still is a need; and New Hope Ministries is greatly involved with assisting us with monthly distributions in both East Berlin and Abbottstown. If you would like to contribute, please send a donation to New Hope Ministries at PO Box 448,
Dillsburg, PA 17019. If you have items you wish to donate, please take them directly to a New Hope location (e.g. New Oxford); it is recommended that you call first to make arrangements.

The number of families served at the East Berlin Food Pantry on June 3rd was 36, which included 78 individuals. The number of families served at the Abbottstown Food Pantry on June 4th was 17, which included 38 individuals.

MESSAGE FROM NEW HOPE – New Hope has remained open and are helping those in need in our community. See the video from the Executive Director, Eric Saunders on https://www.youtube.com/watch?v=0V_pdcpr204&t=13s. You can also see the flyer posted on the bulletin board which is filled with wonderful stories of love and compassion.

SPECIAL NOTE REGARDING MISSIONARY CO-OP
In your packet of contribution envelopes received in the mail for May & June, there is an envelope for the Missionary Co-Op. This collection can occur anytime between June and August. Therefore the envelope is in the June packet. However, the Missionary Co-Op Priest will be coming here in August, so therefore, please hold this envelope until August. Thank you!

MAY FINANCIAL REPORT –

<table>
<thead>
<tr>
<th>Monthly Budget</th>
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<tr>
<td>Income for May 3rd</td>
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<tr>
<td>TOTAL MONTHLY INCOME</td>
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ADDITIONAL COLLECTIONS:

| Capital Improvements            | $ 620.00   |
| Ascension Thursday              | 475.00     |
| Pentecost                        | 2,210.00   |

MASS INTENTIONS – Mass intentions are a wonderful way to celebrate a special occasion, remember those who have died or are sick and in need of our prayers. Please consider this as a “gift” for someone. Call Anita in the Parish Office to arrange your Mass intentions. With the county stay-at-home orders in place, and our Masses being recorded for the website, we have not had Mass requests lately and therefore are running low. Please consider having a Mass said for a loved one or a special occasion.

PARISH CARING COMMITTEE – Assists parishioners on an as needed basis, in times of need or stress and provides visitation, care giver relief, meals, errands, light household chores and local transportation. To request assistance or to become a Caring Committee Volunteer, contact Cathy Gunzelman at 717-225-6516.

DIOCESAN ANNOUNCEMENT – Information concerning the Publication Notice and Sexual Abuse Claims Filing Deadline of Nov. 13, 2020 is available on the bulletin board at the social hall entrance, as well as by visiting www.hbgdiocese.org or https://dm.epiq.11.com/case/rcdh/info

SIGN UP FOR THE DIGITAL CATHOLIC WITNESS
The Catholic Witness transitioned to a weekly digital edition in May, reporting news and features that reach Catholics instantly. The digital format features a weekly e-newsletter with stories, photos and videos, as well as a designed PDF that can be printed and shared. The digital service is free to all subscribers. Sign up today at www.hbgdiocese.org/the-catholic-witness-newspaper/catholic-witness-signup/ and join us as we continue to share in the Church’s mission to tell the Good News of Jesus Christ in the context of today’s world.

VACATION BIBLE SCHOOL
It is with deep sadness that we announce that Vacation Bible School 2020 is CANCELLED! Not having enough information as to how long we’ll be in the Yellow phase and "social distancing" and most importantly ~ for the protection of our #1 priority ~ ~ our children, we will only be more excited to "hop on board" ROCKY RAILWAY next summer.

MARK YOUR CALENDARS – NEW DATES!
+ Our PARISH MISSION with Rev. William Garrott which was scheduled for May 3-5 has been rescheduled for Dec. 6-9, 2020.
+ Our PARISH CELEBRATION OF THE 175TH ANNIVERSARY OF OUR CHURCH which was scheduled for June 7th is now scheduled for Oct. 11th. More info will follow on both these events.
+ Our PARISH EUCHARISTIC DEVOTIONS is still scheduled on Sept. 13-15th at 7 PM with Rev. David Hereshko.

PARISH FLOWER BEDS – Spring is officially here and it is time to clean out the flower beds, plant and mulch for the summer! Some people have already been here to take care of their gardens and they look beautiful! If you plan to keep the garden you were previously assigned, please call Anita in the parish office so we know what flower beds are taken and what still needs to be assigned.

PRAYER TO SAINT MICHAEL THE ARCHANGEL
St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snare of the devil. May God rebuke him, we humbly pray, and do thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

WEEK-AT-A-GLANCE
March 15th – 21st

Sunday, Mar. 15th – Religious Education from
9:30 – 11 AM
Sunday, Mar. 15th – Adult Enrichment Class in
The social hall, 9:30-11 AM
Monday, March 16th – Cub Scouts, 6:30 PM
Monday, March 16th – Legion of Mary in Rel Ed Bldg
Room 4, 7 PM
Monday, Mar. 16th – Charismatic Prayer Group in
Social Hall, 7 PM
Wednesday, Mar. 18th – Soup and Sermon, Noon –
1 PM in social hall
Wednesday, Mar. 18th – Boy Scouts, 6-9 PM
Thursday, Mar. 19th – Faith Sharing Group in the
Social Hall after Mass
Friday, Mar. 27th – Stations of the Cross, 7 PM

MISSION FOR LITURGY AND WORSHIP

ALTAR SERVERS for Sat/Sun Mar. 28-29
5:00 PM Mass:
8:15 AM Mass:
11:15 AM Mass:
Coordinator is Kelli Maysilles.

LECTORS for Sat/Sun Mar. 28-29
5 PM MASS –
8:15 AM MASS –
11:15 AM MASS –
Coordinator is Dianne Giampietro.

EXTRAORDINARY MINISTERS OF HOLY COMMUNION (EMHC) for Sat/Sun Mar. 28-29
5:00 PM:
8:15 AM:
11:15 AM:
Coordinator is Claire Wentz.

ABBOTTSTOWN/EAST BERLIN FOOD BANK – The food pantry in East Berlin held on Feb. 5th served 49 families which included 124 individuals. The number of families served at the Abbottstown location on Feb. 6th was 16 for a total of 41 individuals. The link to the Time to Sign Up page for the food pantry on Wednesday, March 5th at the East Berlin location is www.volunteersignup.org/MYX8P and Thursday, March 7th at the Abbottstown location is www.volunteersignup.org/FPFHR. Please remember to drop off health/beauty items, such as soaps, toothbrushes, diapers, as well as LAUNDRY DETERGENT, etc. and place them in the food pantry barrels.

GROCERY CERTIFICATES – Please know how very grateful we are to all of you who support our Grocery Certificate Program and ultimately our Religious Education Program. IHM receives a 5% profit from the sale of all the grocery cards purchased. Before going for groceries, please consider purchasing Weis or Giant cards after each Mass at the front entrance. Cards can also be purchased in the parish office during the work week. Thank you for your support of this wonderful program! During the week of Jan. 19, 2020 we sold $360 for a profit of $18.00.
**Message from the Pastor**

**EUCHARISTICADORATION**

**WHEN:** Every First Friday of the month beginning Jan. 3, 2020  
**WHAT:** Two Hours of Eucharistic Adoration  
**WHERE:** Immaculate Heart of Mary Church  
**TIME:** 7 PM – 9 PM

**PRAYER SHAWL MINISTRY – CAN YOU DONATE NEW YARN?** During the last year, the Prayer Shawl Ministry has made over 50 items for our own parishioners, Rachel’s Vineyard retreatants, Cross Keys Village Skilled Nursing patients, Spiritrust Lutheran hospice and Hanover Hospital Maternity.  
We rely on your donations to help with our yarn expense. Please drop off your donations in the covered gray boxes at the entrances to the church. If you know of anyone who would benefit from a prayer shawl, please call the parish office at 717-259-0611. Thank you!

**CONGRATULATIONS** to the following students at Delone Catholic High School for achieving honor roll status:  
**FIRST HONORS:** Audrey & Abigail Sell, Jacob Fleming  
**SECOND HONORS:** Harrison Smith, Avery Kuntz & Julia O’Brien

**CHILDREN’S LITURGY** - As you know, our children (ages 3 through 2nd grade) have a wonderful opportunity at the 11:15 Mass when they are called forth and dismissed for “Children’s Liturgy of the Word,” the ability to learn about the scripture readings on their level. We are in great need of more volunteers, who have Diocesan clearances to participate in this ministry. If we have a pool of at least 6 to 8 volunteers, then everyone only has a turn every 6 weeks or so.  
**PLEASE** consider offering your services for this wonderful ministry for our children. If you are able to help out, please call Sister Rosanne @ (717) 259-0611, ext. 7

**FOOD PANTRY DONATIONS** – We are often asked about which items are most in need. Well, the answer would include a number of non-food items because those items are very much needed but not donated as often as food. These items include such essentials as shampoo, soap, toothpaste, dental floss, toothbrushes, deodorant, toilet paper, tissues, paper towels, and laundry detergent. Of course, we can also use food donations; but we ask you to donate items with good expiration dates (or expired in the current year). Also, all donated items must be unopened. Any questions contact Pat Renaut at 717-637-1110 or patrenaut@hotmail.com.

**A FRIENDLY REMINDER**

From the middle of September until the beginning of May, Religious Education Classes are in session! Please be extra mindful of SAFETY on Sunday mornings after the 8:15 Mass as you are leaving the parking lot (especially if you are parked on the side of or behind the Church). That is when our children are being dropped off for CCD. Cars are moving and children are walking and most likely “aren’t looking/noticing” that cars are backing up and pulling out.

Also around 11:00 AM when children are being dismissed from the Religious Education Center and are waiting for their parents to “pull up in the car line” to pick them up. There are 150 children in the CCD and they and their safety are our #1 priority!

If you are in need of a “Handicap Parking” spot, please plan on coming to the 11:15 Mass by 10:55 AM. You can come in the EXIT driveway and pull right into one of the spots. Parents pick their children up beginning at 11:00 AM. Once their cars start moving, it is about safety! If you choose not to do this and you get in the “parent car line” then please be patient. Please do not try and come up along side the cars that are in line. Most of the time all children get in their cars on the right hand side where adults are right there with them. Occasionally, the children need to get in on the left side because of infants in the car. It takes about 7 minutes to get every child in their car and on their way home safely. Thank you for your understanding!

**AERO ENERGY HOUSE OF WORSHIP PROGRAM** – This program was established to provide Aero Energy customers an opportunity to give to our church. To participate, Aero Energy customers sign up by phone or online and Aero Energy donates 4 cents for every gallon of fuel they use to us. Please call if you are not already part of this wonderful program. It’s an easy way to benefit Immaculate Heart of Mary. Last heating season, IHM was among the top 5 churches in donations received! To sign up, call 888-827-17136.
HOUSE OF WORSHIP PROGRAM

We would like to express our most sincere gratitude to all those who participate in the Aero Energy House of Worship Program. Our parish received a check in the amount of $527.16 from this past heating season! IHM receives 4 cents per gallon for anyone using heating oil or propane that is a current customer of Aero Energy or anyone who becomes a NEW customer. If you are not already participating in this program and would like to, please call Aero Energy at 888-827-1713 to sign up for the House of Worship Program. There is no additional cost to anyone who participates – it is a donation from Aero Energy to our church. Thanks to all who participate!

OFFERTORY PROCESSION – For the benefit of you, our long-time parishioners as well as you, our NEW parishioners, we invite you and your family to participate in the Offertory Procession when you come to Mass on Saturday night or Sunday.

Perhaps you have NOT noticed the 3 crosses and the picture frame on the ledge behind the last pew (right hand side) as you come into Church. There is an invitation from Fr. Burger in the frame for you to bring forth the gifts at the Offertory time. You just need to take the 3 crosses to the pew with you, and when the altar server goes to the back of the Church with the Processional Cross, you get out of your pew and head to the back of the Church. One of the ushers is there to assist you, if necessary. The gifts (the paten of hosts and the cruets of wine) are on the ledge by the picture frame. You bring those gifts, as well as the collection basket forward, following the altar server with the cross. Please consider having your family participate in the Offertory Procession. This is a simple way to participate more fully in the celebration of the Mass.

SCAM ALERT! Once again someone is using the Pastor’s name to scam people into buying gift cards or giving their cell number to them. Neither Fr. Burger, nor any Diocesan Priest, will ever ask you to supply him with gift cards or give your cell number in order to help him out. Please DO NOT respond to any emails you may receive or any text message asking if you are available to do him a favor and purchase gift cards for someone who is sick.

HEALING HEARTS is a support group for widows and widowers. The group will meet once a week on Thursday nights from 6pm until 7:30 pm at Kim Aiello’s house at 1650 Pine Run Road, East Berlin. The meetings will consist of prayer, bible study, share time, Christian music, group social outings, like going to see a Christian movie, attending a Christian Concert, or listening to a Christian Speaker. The support group goal is to help heal the broken heart and replace sorrow with joy, by finding peace through a personal relationship with the Lord. Contact Kim Aiello at 717-476-7504 or emailing her at jkilo1@hotmail.com.

CATHOLIC CHARITIES COUNSELING SERVICES:

Depression and anxiety can occur when we have a loss or a major change in our life. A licensed skilled therapist can help you by listening, processing, and giving you the power to make positive change. Catholic Charities Counseling Services is accepting new clients for four office locations throughout the Diocese. Catholic Charities Counseling is for anyone: children, adolescents, adults, and couples. Services are provided in a confidential office setting. Services include individual and family therapy, marital counseling, and parent-child counseling. We accept Medical Assistance, or clients can pay for services (discount fee schedule available). Just call for an appointment: Capital Region 717-233-7978; Lancaster 717-299-3659 or 717-392-2113 (Espanol); York 717-845-2696; Paradise School Office (Abbottstown) 717-259-9537. Visit www.cchbg.org for more information.

FLOWERS – Looking for a way to memorialize a loved one or celebrate a special occasion? A beautiful way would be to order flowers on the altar. Most weekends are available from now through the end of the year. Please call Anita in the parish office to make arrangements.

ARE YOU CARING FOR AN AGING PERSON?

There is a safe website where you can get help and ideas. Go to www.agingcare.com. You can sign up for their emailed newsletter at the bottom of the home page. I have been following the newsletters and find a lot of articles which may be useful. If I can be of any help, please contact me at roywainwright3@gmail.com or 717-619-7243.

SUMMER WEEKEND MASS SCHEDULE

Saturday 5 PM,
Sunday 8:15 AM and 10:15 AM
Don’t Get Scammed!
Scammers are now posing as priests and other clergy. In this latest scam, you might receive an email or a text message that appears to be from your Pastor or another priest that you may know. The scammer asks you to help someone in need by purchasing a gift card and to provide the codes on that card.

Here’s how to protect yourself from being scammed:
1 – Know that scammers are out there. Be suspicious of any request for funds of any type via an email message or a text message. Verify any request with a call to the person who supposedly sent it or a call to the phone number of the text that you received.
2 – Know that any email from a priest should be from a diocesan or parish email account. Messages sent from free services, such as Gmail or Yahoo, are more likely to be scammers.
3 – Many clergy do not share their cell phone numbers publicly. If you receive a text message from someone not on your phone’s contact list, be suspicious.
4 – Know that priests will NEVER ask for financial transactions via email or text messages.

IMPORTANT CHANGE FOR HANOVER HOSPITAL
ADMISSIONS – The Hanover Hospital – UPMC Pinnacle Health has issued the following changes to their policy effective December 2018.

1. Clergy will not be able to view denominational lists at the front desk.
2. Clergy will not be able to obtain patient information at the front desk unless they have the patient’s name.
3. If the patient indicates a congregational affiliation in the admissions interview, the Chaplain will call the congregation. If the patient indicates to the Chaplain on his or her rounds that he or she belongs to a particular congregation and gives permission the Chaplain will call the congregation.
4. In an emergency situation if the patient or family indicates a congregational affiliation to the Chaplain or other staff and gives permission to call the congregation, every effort will be made to notify the congregation.

Because of these changes, it is very important that a family member contacts the parish when someone is admitted.

IMPORTANT ANNOUNCEMENT – It has been noted that some people, who are dropped off or picked up for Mass, are doing so at the steps right along West Canal Road. Especially at night, and given the adjacent hill, it is deemed this is unsafe given the speed and flow of traffic. For accessible and safe access to the Church at all times, please use the side social hall doors. Thank you.

SUGGESTION CARDS are available on the back ledges and at the entrances of the church. If you have any suggestions on how to make our parish better, please fill one out and return it in the collection basket.

BOXTOPS FOR EDUCATION – Please keep collecting and sending in those BoxTops for Education for St. Teresa School. If you’d like to help out trimming those BoxTops, please contact kwenger@hotmail.com. All help is appreciated!

EVENT NOTICE – I have been a parishioner at Immaculate Heart of Mary Church for more than 40 years and employed in the newspaper business for more than 20 years. We have many wonderful events happening here at our parish and we’d like to get the word out to the public. Please feel free to send me any events that would be of interest to our local community – from Lenten dinners to youth events to Bible studies and everything in between! You can send information to: 6fletch@embarqmail.com. Don’t forget to tell me the following: WHAT is the event? WHO is invited? WHEN is the event? WHERE is the event? WHY should people attend? HOW can they get more information? If you have any questions, fee free to call or text me at 717-357-8051. Thank you!
Holly Fletcher

HEARING IMPAIRED – Anyone who is hearing impaired may find it helpful to sit in Pew #9 on the Sacristy side. You will notice “hearing impaired” stickers on the side of the pew to indicate the best place to sit if you are hearing impaired.

CHILDREN’S CHAPEL – For everyone’s information, especially for those who may be new to our parish, there is a so-called Children’s Chapel or Cry Room here in the Church. It’s located in the front left corner of the church, where a restroom is also located. As a parish family, we want children and families to be welcome here at Mass, and so it’s important to have an appropriate place in the church for babies and young children when they get fussy and need extra attention. We really want to encourage parents to use this space to tend to their children as needed. Please, feel free to just get up when need be from the body of the church, and utilize this space. Then you can better tend to your children without feeling like you’re being watched. And this will also allow the other parishioners to be able to more fully focus on worshipping.

CREMATION
Since 1963, Catholics have been allowed to choose cremation over burial as a means of laying a loved one to rest. Cremation is a popular choice since it is less expensive and more manageable than a full burial. Cremation, like death, is final. But that doesn’t mean you won’t have second thoughts. Susan Skiles Luke, a marketing consultant in Columbia, Missouri, had her mother cremated and buried in a family plot. Now, she wishes it was her mother’s body and not just the cremated remains that was in the grave. “When I go there, which isn’t often, I want to feel like her body is under ground, right alongside my grandparents and beloved great aunt, all dressed up in their Sunday best…”

Although creation is permitted, some Catholics have not been dealing properly with their loved ones remains. Common practices include scattering ashes, parting ashes out to friends and relatives, and keeping the ashes in a common area, such as a living room. While scattering ashes may seem romantic to some (but is also contrary to Catholic teaching), there’s something to be said about keeping your loved one in one place, and then marking that place with a name. “We mark the graves of our loved ones with a headstone to memorialize them, so we don’t forget them”. When visiting that person’s grave, just seeing his or her name can give comfort.

To instruct the faithful in this regard, the Congregation for the Doctrine of the Faith has issued updated guidelines. According to these, burial is still preferred, but cremation is an option. When a loved one has been cremated, their ashes must be kept intact, the same as one would treat a body. The ashes may not be separated or scattered. Instead, they should remain in a proper vessel that is interred in a proper place, such as a cemetery or church. Finally, the document stresses that Catholics who choose cremation for reasons contrary to the faith, (e.g., to have their ashes scattered) must be denied a Christian funeral.

In the end, whether cremation or burial is chosen, we await from the grave the second coming of Jesus Christ and the blessed Resurrection of the Dead.

Tips for talking to children about difficult subjects/news reports

The topic of sex abuse, particularly child sex abuse, is a daunting one for parents. Every parent must consider many factors including the best age-appropriate way to discuss the topic. Below are some points to consider adapted from the United States Conference of Catholic Bishops, the National Child Traumatic Stress Network, and First Things First.

1. Make sure you are composed before you talk with your child.
2. If you believe your child is aware of news concerning abuse in the diocese, start the conversation. Not talking about a difficult event can make the event even more threatening in your child’s mind.
3. Listen carefully to what your child is asking or talking about.
4. Clarify just what any concerns are before you answer. Sometimes we make assumptions and give far more information than what the child needs.
5. Keep your answers simple and brief. Don’t answer questions that have not been asked. Do not overload your child with information that is beyond his/her level of understanding.
6. Assure your child that you and other adults that are in charge are doing everything possible to make sure they will be safe. This will give them a sense that adults are actively taking steps to protect those who are currently suffering.
7. Don’t make guarantees that such a thing can never happen again. Words like “never” and “always” should be used very carefully because small children trust that this is a promise from you.
8. Explain that we do not know why people treat other people badly.
9. Try to limit your child’s exposure to media coverage. A child believes what he or she sees on television, or in the newspapers is always true.
10. Let your children know about successful community efforts. You may want to share positive media images, such as reports of individuals helping those in need.

Additional information is available at www.YouthProtectionHBG.com